

KARMEL HARPER – ZUMBA INSTRUCTOR & PERSONAL TRAINER

KARMEL'S STORY:

Karmel was a former body building champion who had worked in advertising for ten years and been a stay-at-home Mom. Feeling “unfit”, Karmel decided it was time to get back into shape and to help others do the same.

EAGLE GATE COLLEGE:

Karmel enrolled in Personal Fitness Training at Eagle Gate College in October 2009 and was excited for the many opportunities she had to network with fitness professionals. “I did an externship at Eagleridge Tennis & Swim Club teaching fitness classes and working with a zumba teacher, and was able to do extra hours with IDEA fit and other workshops. I loved it.”

NEW CAREER:

Karmel graduated in September 2010 and immediately began building her clientele and a new business. She currently teaches at Eagleridge Tennis & Swim Club, Northwest Recreation Center, Sorenson Multicultural and Unity Fitness Center, Gold's Gym and the Franklin Covey Corporate Fitness Center, most often to sold out classes. Karmel has also been featured in “In This Week” magazine.

*“Eagle Gate College prepares you
for the real world.”*

EAGLE GATE COLLEGE

